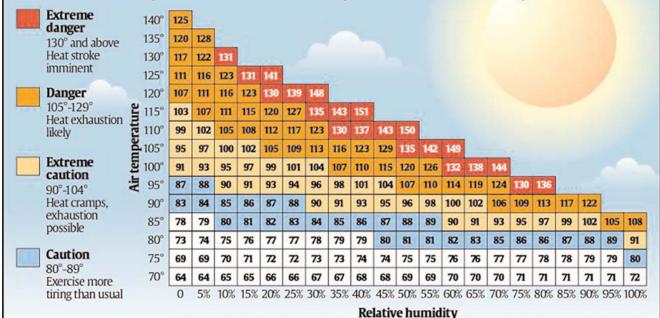


High temperatures combined with humidity not only provide uncomfortable conditions, but they can be deadly. Humidity reduces the amount of evaporation of sweat, which makes it difficult for the body to cool. A person might suffer heat-related illnesses, such as heat cramps or heat strokes, if he or she were exposed to such heat for an extended period of time.



(the amount of water in the air compared with the amount of water the air can hold at that temperature)

Source: National Oceanic and Atmospheric Administration

By Frank Pompa, USA TODAY